

## REGISTRATION FORM

Please hand in Registration Form, or mail no later than  
**Deadline: June 5/09: May 22/09(Priority bkg)**  
**Make cheque payable to Kelowna SC & Mail to:**

Kelowna SC  
 c/o 4389 Hobson Rd.,  
 Kelowna, BC V1W 1Y4

Name: _____
Address: _____
City/Prov _____
Postal Code: _____
Phone #: h) _____ wk) _____
E-mail: _____
Birthdate ___D___M___Y Age: _____
Parent/Guardian: _____

### SKATING INFORMATION

Skate Canada #: \_\_\_\_\_

Home Club: \_\_\_\_\_ Club #: \_\_\_\_\_

Home Club Address \_\_\_\_\_

Primary Coach \_\_\_\_\_ Ph#: \_\_\_\_\_

Summer School Coach \_\_\_\_\_

### HIGHEST TESTS PASSED

Freeskate: \_\_\_\_\_

Skills: \_\_\_\_\_

Dance: \_\_\_\_\_

Competitive Singles: \_\_\_\_\_

### HOME CLUB TEST PERMISSION

This is to certify that \_\_\_\_\_ is a member  
 in good standing of the above Club and has permission  
 to take tests at the Kelowna SC Summer Skating  
 School.

Signature of Test Chairperson \_\_\_\_\_

## REGISTRATION FORM

PRIMARY PROGRAM		
On Ice Package (6wks)	\$ 440.00 =	
# Weeks X	\$ 84.00 =	
Off Ice Full Package (5wks)	\$ 108.00 =	
# Weeks X (n/a wk6)	\$ 18.00 =	
INTERMEDIATE PROGRAM		
On Ice Package (6wks)	\$677.00 =	
# Weeks X	\$130.00 =	
Off Ice Full Package (5wks)	\$180.00 =	
# Weeks X (n/a wk6)	\$ 30.00 =	
COMPETITIVE PROGRAM		
On Ice Package (6wks)	\$710.00 =	
# Weeks X	\$135.00 =	
Off Ice Full Package (5wks)	\$180.00 =	
# Weeks X (n/a wk6)	\$ 30.00 =	
HIGH PERFORMANCE		
On Ice Package (6wks)	\$710.00 =	
# Weeks X	\$135.00 =	
Off Ice Full Package (5wks)	\$ 72.00 =	
# Weeks X (n/a wk6)	\$ 12.00 =	
DANCE/SKILLS SESSIONS		
Tuesday/Thursdays		
On Ice Package (6 wks)	\$ 66.00 =	
# Weeks X	\$ 12.00 =	
OPEN DANCE/SKILLS SESS		
Monday/Wednesday/Friday		
On Ice Package (6 wks)	\$ 99.00	
# Weeks X	\$ 18.00	
<b>TOTAL:</b>		

### Wk#6 – Rutland W Arena

WEEKS ATTENDING:	Please Check	√
June 29-July 3/09 (Capital News Centre)		
July 6 – 10/09 (Capital News Centre)		
July 13 – 17/09 (Capital News Centre)		
July 20 - 24/09 (Capital News Centre)		
July 27 - 31/09 (Capital News Centre)		
Aug 3 – 7/09 (Capital News Centre)		

### Liability Agreement:

(Must be signed in order to process registration)

The Kelowna Skating Club and/or their agents, assume no  
 responsibility for accidents, injuries, however caused and the  
 applicant agrees to release the proprietors from all claims or  
 damages arising as a result of such accidents or losses.

Parent/Guardian Signature \_\_\_\_\_

Date: \_\_\_\_\_

**PAYMENT POLICY:** Full fees must accompany this application.

A cheque for 50% of total, dated June 5/09, plus a post-dated  
 chq for the balance dated no later than June 26/09 will be  
 accepted.

Office: Amt pd      Chq#1      Chq#2      Date



**Skate**  
 Kelowna Skating Club

Skate Canada Member

# 2009 SUMMER SKATING SCHOOL



Home of the Okanagan Regional  
 Training Centre for Figure Skating

June 29-August 7, 2009

Capital News Centre

KELOWNA SKATING CLUB

Phone: (250)764-4577

Email: [delcourt@shaw.ca](mailto:delcourt@shaw.ca)

## HIGHLIGHTS

### SPECIAL FEATURES

- Video Analysis
- On & Off Ice Harnesses
- Off-Ice Training
- Group Enrichment Classes
- Skate Canada StarSkate Test & Competitive Programs
- Okanagan Academy Simulation Clinic
- Beautiful Resorts & Beaches

### COACHING STAFF

**Jason Mongrain** (250)717-6662  
*(Director of Skating)* jasonmongrain@shaw.ca

**Karen Adams** (250)764-2426  
kcadams@shaw.ca

**ADMINISTRATION**  
**Yvette Delcourt** (250)764-4577  
delcourt@shaw.ca

### COACHING POLICY:

All Skate Canada Coaches are welcome to attend with their students, with permission of Director of Skating

**SUMMER TEST DAY:** (dependent on availability of judges)  
August 08/09.....Low to High

### Off Ice Classes

The Summer School is very fortunate to have sport specific fitness and dance training by experts in their field of instruction. Classes will be offered in Core Stability, Speed/Agility, Flexibility, Dance and Dryland Jump Training.

### FURTHER INFORMATION:

Please contact Yvette Delcourt at  
Ph:(250)764-4577, Fx(250)764-7833, or  
email: [delcourt@shaw.ca](mailto:delcourt@shaw.ca).

### MAIL FORMS/FEES TO:

Kelowna Skating Club  
c/o 4389 Hobson Rd.  
Kelowna, BC V1W 1Y4

**Registration DEADLINE: June 5/09**  
**(Priority Bookings – Deadline May 22/09)**

Registrations accepted on a first-come basis.  
A 20% premium will be added to variations from the stated packages.

## SCHEDULE

(subject to adjustment)

6 Weeks: June 29 – August 7/09

### CAPITAL NEWS CENTRE

MON/WED/FRI		
7:30- 8:30am	Hi Performance FrSk	
8:30- 9:30am	Competitive FrSk	
fld		
9:45-10:45am	Hi Performance FrSk	
10:45- 11:00am	Hi Perf/Comp GrpEnrichment	
fld		
11:15-12:15pm	Competitive FrSk	
12:15- 1:15pm	Intermediate FrSk	
1:15- 1:30 pm	Intermed Grp Enrichment	
fld		
1:45- 2:45pm	Primary FrSk	
2:45- 3:00pm	Primary Dnc/Skills	
3:00- 3:15pm	Primary Stroking	
fld		
3:30- 4:30pm	Intermediate FrSk	
4:30- 5:00pm	Open Dance/Skills	
TUES/THUR		
7:30- 8:30am	Hi Performance FrSk	
8:30- 8:45am	Hi Performance Spins	
fld		
9:00-10:00am	Competitive FrSk	
10:00-10:15am	Competitive Spins	
fld		
10:30-11:30am	Hi Performance FrSk	
11:30-12:30pm	Competitive FrSk	
12:30- 1:00pm	Int/Comp/HP Dnc/Skills/Styling	
fld		
1:15- 2:00pm	Intermediate FrSk	
2:00- 2:15pm	Intermediate Spins	
2:15- 3:15pm	Primary FrSk	
3:15- 3:30pm	Primary Grp Enrich	
fld		
3:45- 4:45pm	Intermediate FrSk	

### OFF ICE CLASSES

#### WEEKS 1-6

Day	Group	Class
Mon 9:15-9:40am	Hi Perf	Jumps
Mon 9:40-10:05am	Competitive	Jumps
Mon 3:00-3:25pm	Intermediate	Jumps
Mon 1:15-1:40pm	Primary	Jumps
Tue 10:20-11:00am	Competitive	Core
Tue 2:30-3:15pm	Intermediate	Core
Wed 8:45-9:30am	Hi Perf	Dance
Wed 12:20-1:05pm	Competitive	Dance
Wed 1:05-1:35pm	Primary	Dance
Wed 1:40-2:25pm	Intermediate	Dance
Thur 10:30-11:15am	Competitive	Speed/Agility
Thur 2:30- 3:15pm	Intermediate	Speed/Agility
Fri 12:30-1:15pm	Competitive	Flex
Fri 1:45-2:30pm	Intermediate	Flex
Fri 3:30-4:15pm	Primary	Flex

## PACKAGES

### SESSION CRITERIA

Primary -- working on Preliminary Freeskate Test

Intermediate – working on Jr Bronze FrSk & Up

Competitive – passed Juvenile Competitive or Jr Silver Freeskate

Hi Performance – passed Novice Comp Test &; Competing in Competitive Stream

PRIMARY PROGRAM	Pkgs	Fees
M/W/F: 1 FS, 1 Strkg, 1 Dnc/Skls daily & T/Th: 1 FS, 1 Grp Enrich daily	6 wk pkg	\$440.00
	1 wk	84.00
Off Ice – M/W/F	6 wk pkg	108.00
	1 wk	18.00
INTERMEDIATE PROGRAM	Pkgs	Fees
M/W/F: 2 FS, 1 Grp Enrichment daily & T/Th: 2 FS, 1 Spin Patch daily	6 wk pkg	\$677.00
	1 wk	130.00
Off Ice – M/T/W/F	6 wk pkg	180.00
	1 wk	30.00
COMPETITIVE PROGRAM	Pkgs	Fees
M/W/F: 2 FS 1 Grp Enrichment daily & T/Th: 2 FS, 1 Spin Patch daily	6 wk pkg	\$710.00
	1 wk	135.00
Off Ice – Mon-Fri daily	6 wk pkg	180.00
	1 wk	30.00
HIGH PERFORMANCE PROGRAM	Pkgs	Fees
M/W/F: 2 FS 1 Grp Enrichment daily & T/Th: 2 FS, 1 Spin Patch daily	6 wk pkg	\$710.00
	1 wk	135.00
Off Ice – Mondays	6 wk pkg	72.00
	1 wk	12.00
DANCE/SKILLS PROGRAM	Pkgs	Fees
Tuesdays/Thursdays	6 wk pkg	\$ 66.00
	1 wk	12.00
OPEN DANCE/SKILLS PROGRAM	Pkgs	Fees
Monday/Wednesday/Friday	6 wk pkg	\$ 99.00
	1 wk	18.00

### BUY-ON RATE - \$14.00 PER HR

#### General Registration Guidelines:

-Applications will be processed on a first-come basis, with priority given to full 6 week bookings and registered by May 22/09.

-All registrations should be received by June 5/09 to ensure space is available on a preferred session.

-20% premium will be added for variations from the stated packages.

-Skaters may be moved to a different session only at the discretion of the Director of Skating.

-A \$30.00 charge will be applied to NSF cheques. **NO REFUNDS**, except for medical reason. A medical certificate must accompany request.

- Any session may be cancelled or changed if insufficient registration. The Schedule is subject to adjustment, dependent upon enrolment.

-All skaters are required to abide by the Kelowna SC Rules & Policies.

-Skaters are responsible for payment of any other extra outside activities.